

**Heidi Otto***Legal Intern*

Gjording Fouser PLLC

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Heidi is a legal intern at Gjording Fouser and is a law school student at University of Idaho College of Law-Boise. She has two decades of experience working in healthcare and holds a Master of Health Science from Boise State University.

EXPERIENCE

Heidi's prior experience includes:

- **Regional Vice President** for various administrators of employer sponsored benefit plans where she worked with hundreds of employers to develop sustainable employee benefits. She educated key stakeholders on regulation and compliance concerns surrounding benefits. Additionally, she provided analysis of benefit funding, reserve requirements, operational efficiency, and risk mitigation.
- **Benefit Consultant with Arthur J. Gallagher** where she worked with companies throughout the Northwest to build employee benefit plans. She worked tirelessly to balance organization wellbeing and workforce needs. Heidi maintained a Society of Human Resources Management (SHRM) speaker designation, regularly attending conferences to provide education on current employment challenges.
- **Regional Director of Quality and Systems Improvement with the American Heart Association** where she consulted with hospital systems to streamline treatment protocols for STEMI and stroke while transitioning to electronic medical records. She facilitated CPR trainings for the community and worked to engage donors through fundraising events.

PROFESSIONAL INVOLVEMENT

- Idaho Women Lawyers (IWL), Member (2023-present)
- Society of Human Resources Management (SHRM), Member/Speaker (2018-2022)
- United Way of Kootenai County, Board of Directors (2011-2013)

IRRELEVANT ACCOMPLISHMENTS

- She has done over 800 yoga practices.
- Heidi regularly listens to more hours of Audible per week than she spends sleeping.

- She has conquered Super Mario Bros. 3, Super Mario Bros. Wii and Super Mario Bros. U.

EDUCATION

Heidi is a native Idahoan and a graduate of Highland High School in Craigmont, ID.

- Boise State University, B.S. in Psychology
- Boise State University, M.S. in Health Science (MHS)
- University of Idaho College of Law, J.D. Candidate-2026